

Help! Why can't I stay organized?



Images Shutterstock

It's important to edit (decide what to keep and what to let go of) at least once a year.

... continued from Page D4

Are you using your space efficiently?

Look around your home, are you using your space efficiently? Here are a few simple ideas:

- When possible, install pullouts in all lower cabinets. Many items that are in the back of cabinets often die there. If you can't see it or reach it ... enough said.
- Adjust the height of your shelves. If you see empty space above the items on a shelf, can you adjust the shelf height to accommodate the items to use all of the space?
- Use the inside of doors. There are many products that can be mounted to the inside of doors to store products such as shoes, toiletries, cleaning supplies, hats, gloves, and even tools.
- Store like items together and closest to where you use them (so you can find them).

Professional Organizer, Jennifer Raftis, CPO® founded Efficiency Matters, LLC to help you with all of your organizing needs for your home and business. She is a Certified Professional Organizer and an active board member with NAPO, National Association of Productivity and Organizing Professionals.

She is also an independent representative for The Container Store and has expertise in designing closets, garages, pantries, playrooms and more. In addition, she is a Corporate Organizing and Productivity Consultant and has worked with Fortune 500 companies across the U.S. Another large part of her business is move management especially working with seniors who are downsizing. She and her husband have lived in Moraga for 30 years, raising 3 kids and working countless volunteer hours with many local non-profit organizations and schools. Jennifer@efficiencymattersllc.com, 925-698-3756 www.efficiencymattersllc.com



Purchase multi-functional furniture that has storage. For example: A coffee table or ottoman that has space to store games and blankets, or a shelving unit that has storage boxes for toys.

Are you maintaining your space by editing consistently?

I don't think our parents knew that editing (deciding what to keep and what to let go of) was something we needed to do. I recommend editing at least once a year. This is even more important if you have growing children. It helps to have a donation box or bag in every closet to keep up with the outgrown clothing, shoes and toys. Here are some items that you can probably edit right now:

- Tupperware (food saver containers) - especially when you don't have the lid, it's not coming back
- Bags, cloth, paper, plastic - you know you oversave these
- Vases
- Linens - you probably don't need 5 sets of sheets for each bed or mismatched items
- Water bottles
- Expired medication, sunscreen, spices, food
- Toys
- Craft supplies
- Coffee cups

Are you wondering where to start? Remember, the answer to your space problem is probably subtraction.

Happy Spring Cleaning!



205 FERNWOOD DRIVE, MORAGA

This One Has It All:

- Sought after Moraga location with easy access to the Moraga/Lafayette trail
- "Down to the studs" remodel and expansion by current owner in 2014
- Pancake flat yard with California Room, Outdoor Kitchen, Pool, Hot Tub, Bocce Court, Lawn
- Open kitchen with Wolf range and built-in Sub Zero refrigerator, & wine fridge
- Luxurious Primary Bedroom Suite
- Call Matt for more information

MATT MCLEOD REALTOR®

925.464.6500
matt@dudum.com
DRE 01310057



DUDUM
REAL ESTATE GROUP
ONE 9880702

MATTHEW McLEOD
realtor

4 BEDS • 3 BATHS • ±2,640 SF • ±.46 ACRE LOT